



Key Takeaway: You don't have to specialize in tinnitus to help someone with tinnitus. Many patients that suffer from tinnitus just need someone to listen, to educate and to counsel them. We have the tools available to provide all patients with an initial tinnitus consultation. If needed, and you don't feel comfortable, you can refer them to someone who specializes in tinnitus.

Progressive Tinnitus Management – Free Resource

<https://www.ncrar.research.va.gov/ClinicianResources/IndexPTM.asp>

Progressive Tinnitus Management, or PTM, is a stepped-care program developed by the VA. They have resources to TEACH YOU how to do PTM so you can learn how to help your patients.

How to EASILY Set-Up a Tinnitus Clinic

<https://training.audiologyacademy.com/courses/how-to-easily-set-up-a-tinnitus-clinic>

Learn how to create a tinnitus plan, price your services to be profitable, how to market your services and sustain it long-term. Filled with usable resources including an example superbill, a PowerPoint presentation you can use with your patients, tinnitus questionnaires to consider using, ample marketing pieces and more. There is also a video that shows a provider going through the initial counseling sessions so you can see and hear HOW to do it! Contains 7 Chapters that cover Revenue Sources, What to Charge, Time Involved, Mental Health, Insurance/Coding, Treatment Plans, Marketing and more!

Additional Resources for you and your patients:

American Tinnitus Association: <https://www.ata.org/>

Tinnitus Activity Treatment: <https://medicine.uiowa.edu/oto/tinnitus-and-hyperacusis>

Online CBT for tinnitus patients: <https://icbt4tinnitus.com/>

British Tinnitus Association: <https://www.tinnitus.org.uk/>

Please reach out with any questions: mariabmorrison@gmail.com.

