# Integrating Cognitive Screenings

Alicia D.D. Spoor, Au.D. Designer Audiology, LLC



# Protocols

- All (hearing) diagnostic adults
  - Differentiate hearing vs. cognitive difficulties
- Functional & Communication Needs Assessment
  - Data to create a Treatment Plan/Plan of Care
- Follow-up
  - Not progressing as expected



## **Good Idea**

- Symptoms consistent with MCI
- Over age of 65 year
- Complaints with WNL audiometric results
- Lack of benefit from appropriately fit amplification

## **Bad Idea**

- Known diagnosis of MCI
- Lack of screening training
- Uncomfortable counseling/integrating results
- No referral system

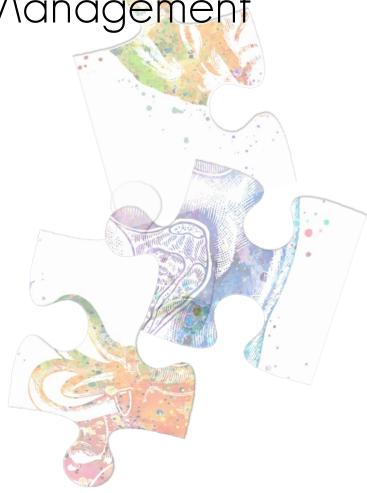
# Cognitive Screening=Part of Audiological Management

Heidi Hill, AuD



# Cognitive Screening=Part of Audiological Management

- We see many patients with comorbidity of hearing loss and cognitive impairment and difficulty communicating is a symptom of both hearing loss and dementia, it's difficult to differentiate
- Does the patient have the top-down processing skills (i.e., cognitive processing) necessary to compensate for poor bottom-up signal?
  - Yes; high probability that the patient will feel they can "manage without"
  - No; high probability of unmet expectations, poor performance in noise, lack of participation and engagement will continue, under utilization of hearing aids





# Cognitive Screening=Part of Audiological Management

What hearing aid considerations do I need to make given cognition?

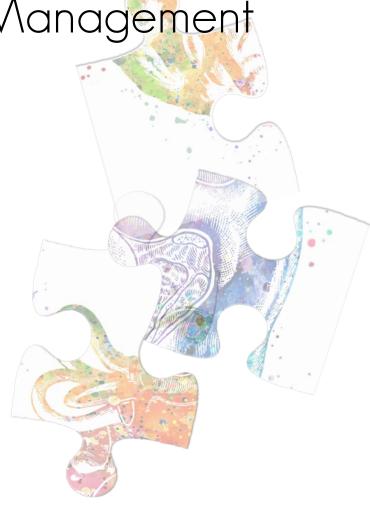
- Hearing aids have the potential to increase rather than decrease cognitive effort (Edwards, 2016)
  - Compression
  - Noise Reduction
  - Frequency Compression
- Other rehabilitative considerations
  - Remote Microphone/FM
  - Other Streaming Devices
  - Social Support
  - Decision Making
  - How Much Technology
  - Auditory Training
  - Communication Strategies
  - Environmental Modifications
  - Visual Support Materials



# Cognitive Screening=Part of Audiological Management

Things to Consider:

- Patients with higher cognitive abilities may acclimate faster, and may not require as much rehabilitative intervention
- Those with better cognitive function have greater awareness of hearing aid benefit compared to those with lower cognitive functioning (Lunner 2003)
- Patients with lower cognitive abilities may require more rehabilitative activities (active listening training, speech tracking, Group Rehabilitation, visuals, My Hearing Wellness Journey, auditory training etc), environmental modification, use of assistive technology and enhanced social support)





# CogniHear

Clinical application of testing and treating cochlea to cortex

- Research
- Functional Hearing Assessment
- Impact on counseling, hearing aid fitting and rehabilitation





# **Case Studies**

Jill Davis, AuD



## Recipe for Success:

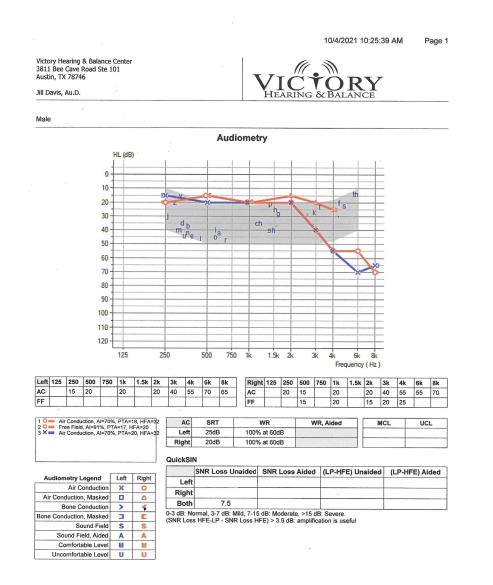
- Handicap inventory: MOTIVATION
- Speech in noise test: REAL-WORLD EXPERIENCE
- Cognitive screening: EAR OR BRAIN
- **Comorbidities**: OTHER CONDITIONS THAT IMPACT PERFORMANCE

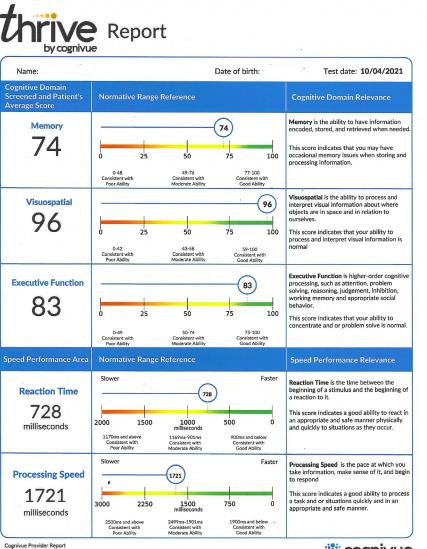
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## Other Ingredients:

- Audiogram: SEVERITY AND PATTERN for channels
- ANL: NOISE TOLERANCE for level of technology



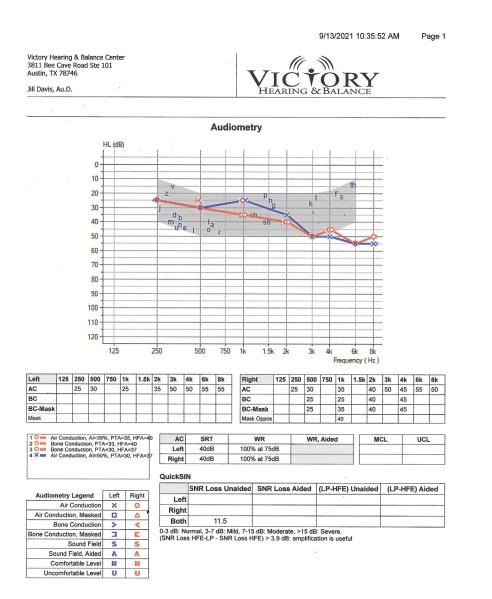


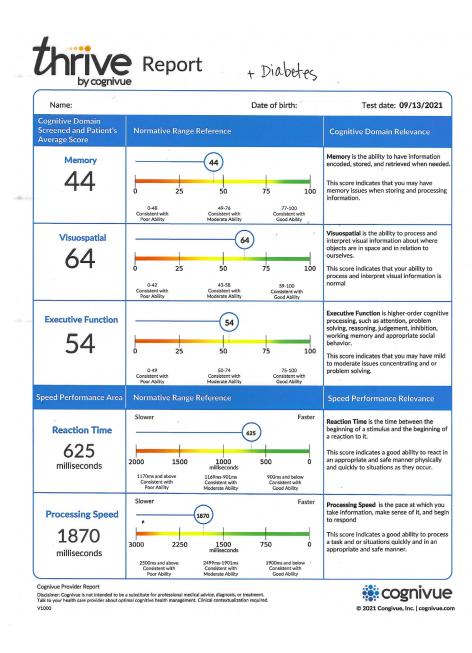


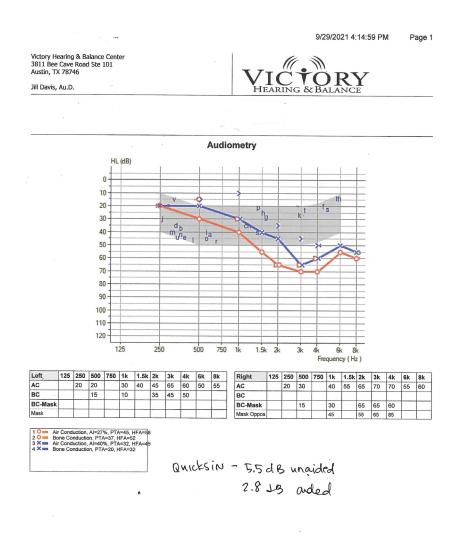
Disclaimer: Cognivue is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Talk to your health care provider about optimal cognitive health management. Clinical contextualization required V1000 © 2021 Congivue, Inc. | cognivue.com

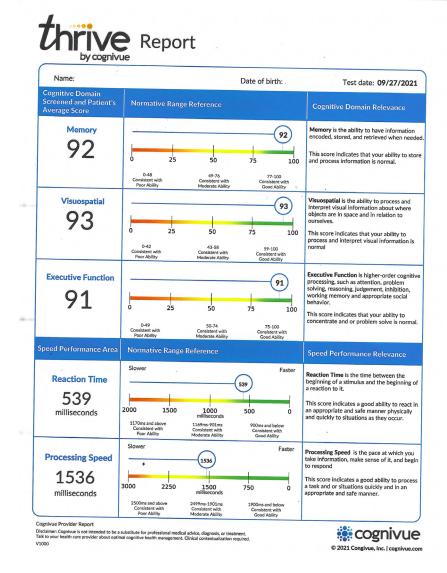
65-year-old male HHIA:56

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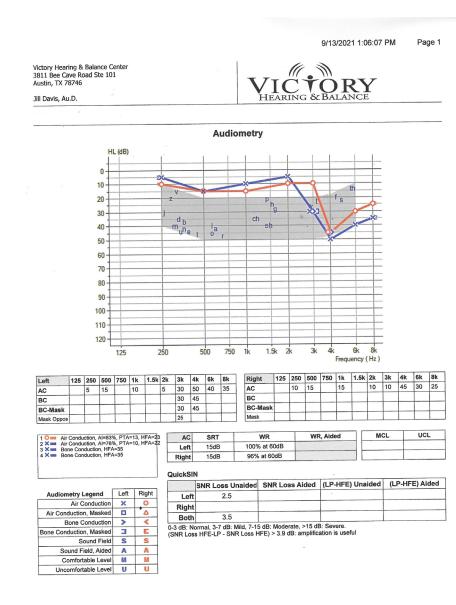


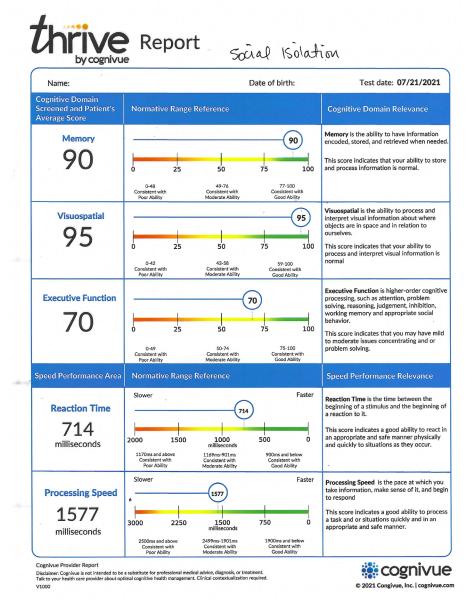






### 64-year-old male HHIA:38





# 60 day follow up THI: 4

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"The past few days have been amazing! My wife says I stopped asking "say that again".

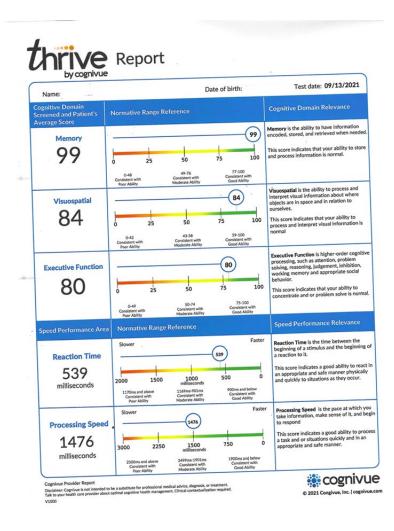
She no longer suffers with me turning the TV up so loud. We've been to a few restaurants and it was so great to be in the conversation without asking my wife "what did they say?".

I've heard birds, crickets and other high register sounds that I haven't heard in years.

My tinnitus is a bit less noticeable because I now hear other high-end sounds that "compete" with the tinnitus as opposed to hearing just the tinnitus.

When I take them off the world sounds covered in a blanket; I forgot what I was missing.

I don't want to go back to how it was before I came to see you."



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74-yr-old female. Long-time hearing aid wearer. Mild SNHL. Difficulty hearing in background noise. Concerned about short-term memory and cognitive impairment.

## **Pre-Training**

- HHIA- 34
- Unaided QuickSIN: 1.2 dB
- Aided QuickSIN: .5 dB
- Cognitive Screening: WNL

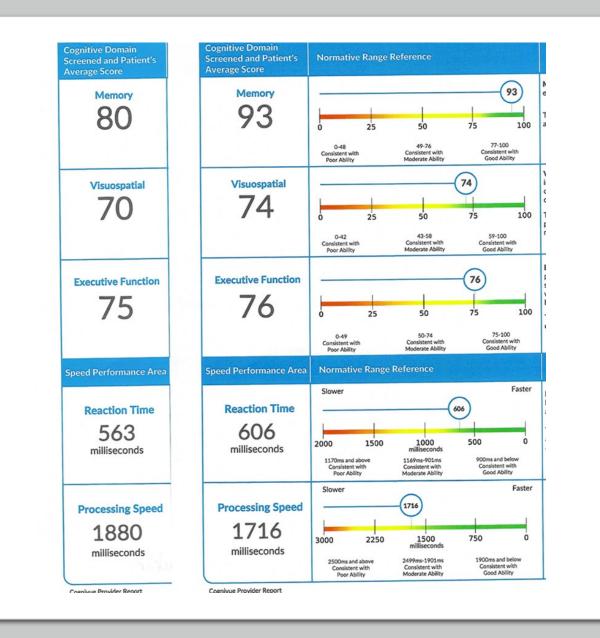
## Post-Training

- HHIA- 20
- Unaided QuickSIN: .5 dB
- Aided QuickSIN: -.2 dB
- Cognitive Screening: improved

Music-Based Auditory Training: 3-month program

# Music-Based Auditory Training

- "I'm more coordinated now, I can play without looking at my hands"
- "I have more energy at the end of the day"



# Cognitive Screening and Scope of Practice

Amyn M. Amlani, PhD President – Otolithic, LLC





#### SCOPE OF PRACTICE IN AUDIOLOGY

AD HOC COMMITTEE ON THE SCOPE OF PRACTICE IN AUDIOLOGY



Reference this material as: American Speech-Language-Hearing Association. (2018). Scope of Practice in Audiology [Scope of Practice]. Available from www.asha.org/policy.

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Audiologists are responsible for the assessment of hearing, balance, and other related disorders, including tinnitus and auditory processing, across the lifespan that includes the following:

- Administration and interpretation of clinical case history.
- Administration and interpretation of behavioral, electroacoustic, and electrophysiologic measures of the peripheral and central auditory, balance, and other related systems.
- Administration and interpretation of diagnostic screening that includes measures to detect the presence of hearing, balance, and other related disorders. Additional screening measures of mental health and cognitive impairment should be used to assess, treat, and refer (American Academy of Audiology, 2013; Beck & Clark, 2009; Li et al., 2014; Shen, Anderson, Arehart, & Souza, 2016; Sweetow, 2015; Weinstein, 2017, 2018).

## Page 7

#### In this role, audiologists

- design, implement, and document delivery of service in accordance with best available practice;
- screen for possible cognitive disorders;
- case-finding for dementia;
- provide culturally and linguistically appropriate services;
- integrate the highest quality available research evidence with practitioner expertise as well
  as with individual preference and values in establishing treatment goals;
- utilize treatment data to determine effectiveness of services and guide decisions;
- deliver the appropriate frequency and intensity of treatment utilizing best available practice;
- engage in treatment activities that are within the scope of the professional's competence; and
- collaborate with other professionals in the delivery of services to ensure the highest quality
  of interventions.

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STATE OF ARKANSAS

#### BOARD OF EXAMINERS IN SPEECH-LANGUAGE PATHOLOGY AND AUDIOLOGY

Pursuant to the authority vested in the State Board of Examiners in Speech-Language Pathology and Audiology, the said Board has promulgated and, by these presents, does hereby publish Rules and Regulations of the State Board of Examiners in Speech-Language Pathology and Audiology as authorized by Section 4 Act 277 of 1975 (Ark. Code Ann. § 17-100-202).

#### EFFECTIVE: September 26, 2015 AUGUST 1, 2020

#### 11.2. The practice of audiology includes:

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- Facilitating the conservation of auditory system function; developing and implementing environmental and occupational hearing conservation programs;
- Screening, identifying, assessing and interpreting, diagnosing, preventing, and rehabilitating peripheral and central auditory and <u>peripheral and central</u> vestibular system dysfunctions;
- C. Providing and interpreting behavioral and (electro) physiological measurements of auditory and vestibular & facial nerve functions;
- D. Selecting, fitting, programming, and dispensing of amplification, assistive listening and alerting devices and other systems (e.g., implantable devices) and providing training in their use;
- Providing aural rehabilitation and related counseling services to individuals with hearing loss and their families;
- F. Screening of speech-language, cognition and other factors affecting communication function;



#### RE: Audiology Inquiry

Wells, Tamika (DOH) <tamika.wells@dc.gov>

To Otolithic@outlook.com Cc ONixon, Aisha (DOH)  $\dot{\Sigma}$   $\hookrightarrow$  Reply  $\overset{}{\hookrightarrow}$  Reply All  $\rightarrow$  Forward  $\cdots$ 

Good Afternoon Dr. Amlani,

Thank you for contacting the District of Columbia Board of Audiology and Speech-Language Pathology. Here is the current scope of practice In audiology definition:

2B) (A) "Practice of audiology" means the planning, directing, supervising, and conducting of habilitative or rehabilitative counseling programs for individuals or groups of individuals who have, or are suspected of having, disorders of hearing; any service in audiology, including prevention, identification, evaluation, consultation, habilitation or rehabilitation, instruction, and research; participating in hearing conservation, hearing aid and assistive listening device evaluation, selection, preparation, dispensing, and orientation; fabricating ear molds; providing auditory training and speech reading; and many advice evaluation, consultation, babilitation or rehabilitation; instruction, and research; participating in hearing conservation, hearing aid and assistive listening device evaluation, selection, preparation, dispensing, and orientation; fabricating ear molds; providing auditory training and speech reading; or administring tests of vestibular function and tests for tinnitus. The practice of audiology includes speech and language screening limited to a pass-or-fail determination for the purpose of identification of individuals with disorders of communication. The practice of audiology does not include the practice of medicine or osteopathic medicine, or the performance of a task in the normal practice of medicine or sosteopathic medicine by a person to whom the task is delegated by a licensed physician.

According to the Health Occupation Revision Act (HORA) https://dchealth.dc.gov/node/129252 (see page 15 for the audiology scope of practice), cognitive screening is not a part of the scope of practice in audiology. If you have any additional questions please feel free to email <a href="https://dchealth.dc.gov/node/129252">dchealth.dc.gov/node/129252</a> (see page 15 for the audiology scope of practice), cognitive screening is not a part of the scope of practice in audiology. If you have any additional questions please feel free to email <a href="https://dchealth.dc.gov/node/129252">dchealth.dc.gov/node/129252</a> (see page 15 for the audiology scope of practice), cognitive screening is not a part of the scope of practice in audiology. If you have any additional questions please feel free to email <a href="https://dchealth.dc.gov/node/129252">dchealth.dc.gov/node/129252</a> (see page 15 for the audiology scope of practice), cognitive screening is not a part of the scope of practice in audiology. If you have any additional questions please feel free to email <a href="https://dchealth.dc.gov/node/129252">dchealth.dc.gov/node/129252</a> (see page 15 for the audiology scope of practice), cognitive screening is not a part of the scope of practice in audiology. If you have any additional questions please feel free to email <a href="https://dchealth.dc.gov/node/129252">dchealth.dc.gov/node/129252</a> (see page 15 for the audiology scope of practice), cognitive screening is not a part of the scope of practice in audiology.

Tamika J. Wells Health Licensing Specialist Health Regulation and Licensing Administration (HRLA) Allied and Behavioral Health Boards <u>Tamika.wells@dc.gov</u> Washington, D.C. 20002 899 North Capitol St., N.E. 2nd Floor Washington, DC 20002



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### Yes, but...

#### **RE: Audiology Inquiry**

WJ Wendy Jacobs [KDADS] <Wendy.Jacobs@ks.gov> To @Otolithic Consulting

i You replied to this message on 5/17/2021 4:55 PM.

#### Good afternoon.

Kansas Statutes and Regulations stand silent on specificities of scope of practice as long as the Audiologist has received the necessary training to complete the service appropriately. Enjoy today

#### Wendy Jacobs

Licensing Administrator Health Occupations Credentialing Survey, Certification and Credentialing Kansas Department for Aging and Disability Services 503 S Kansas Ave Topeka KS 66603 P: 785.296.0061 F: 785.296.3075

Visit our website: <u>www.kdads.ks.gov</u>

#### Neutral

#### Re: Audiology Inquiry

DB Denise Brown <dsherwood@ncboeslpa.org> To @Otolithic Consulting

(i) If there are problems with how this message is displayed, click here to view it in a web browser.

There is nothing currently in our statute or rules that speaks specifically to cognitive screenings.

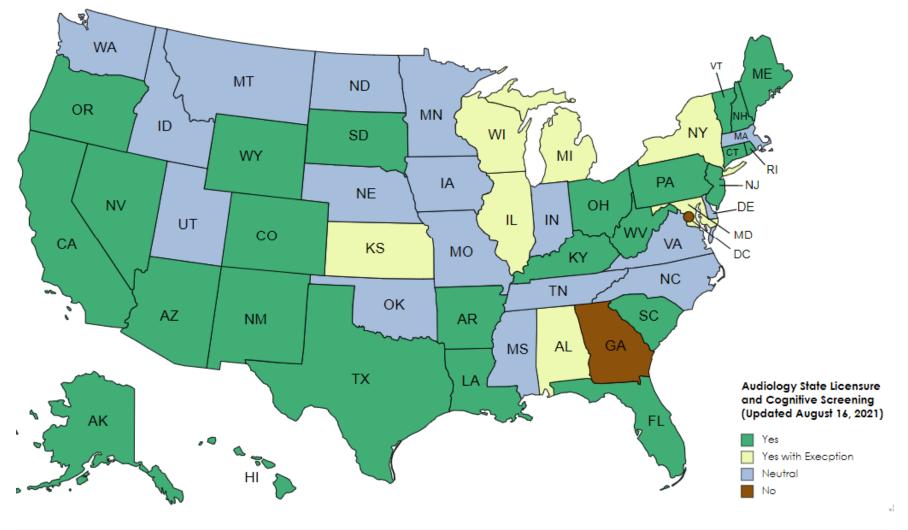
Sincerely, C. Denise Brown Executive Director, NC Board of Examiners for SLP & Aud. 336-272-1828  $\dot{\times}$   $\dot{\frown}$  Reply  $\overset{}{\leftarrow}$  Reply All  $\rightarrow$  Forward  $\cdots$  Fri 5/21/2021 1:24 PM

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cognivue <<Letterhead>> <<Date>> <<Licensing Board Address>> Request to Provide Cognitive Screening – No-Action Request Re: I am an audiologist (license # <<>>) in good standing in the State of <<>>. I am interested in providing Dear Licensing Board Members: certain cognitive screening services to my adult patients with hearing loss as part of my practice of After reviewing the State's laws, rules, regulations, and guidelines regarding the scope of practice for professional audiology, it is unclear if the provision of cognitive screening to adult patients ( $\geq$  18 years of age) with hearing loss falls within the scope of practice for professional audiology in the State of <<>>. Cognitive screenings do <u>not</u> yield a diagnostic outcome. Instead, they serve as a screener intended for rapid assessment of cognitive function. The outcomes from the screener allow audiologists to better serve their 1. Recording screening outcomes of cognitive function over time,<sup>1</sup> similar to a hearing screening patients through: Screening outcomes that provide guidance with respect to treatment interventions, such as the type of hearing aid compression,<sup>2</sup> and advanced features (e.g., directional microphones, noise reduction) and accessories (e.g., remote microphone) for listening in complex environments;<sup>3</sup> 3. The quantification of pre- and post-treatment performance/efficacy; and





\* States with **EXCEPTIONS** require evidence of (1) graduate education or continuing education in cognitive screening (e.g., AL, DE, IL, KS, NY, WI), (2) outcomes reported as pass/fail (e.g., OH), or (3) with physician oversight (e.g., MI).

\*\*States that are **NEUTRAL** indicated that license holders could submit a written response, and each case would be evaluated on its own merit. Cognivue offers a template of a written response to State Licensure Boards that is available by contacting David TenBarge at <a href="https://dtenbarge@cognivue.com">dtenbarge@cognivue.com</a>.